



The Centered Space

Founder and senior speech pathologist



Haylee Murphy

BSpPath (Hons), CPSP, MSPA

Gold Coast

Online, Australia-wide

Best for

- Complex speech, swallowing and mealtime needs
- Children and adults
- Complex NDIS reports, reviews and tribunal matters

✉ Email Liz ☎ Call Liz 0433 040 049 📧 @the_centeredspace

I'm a mum of two and the founder of The Centered Space. When a situation is complex, I take it on, steady it, and then hand it to the right person on our team with a clear plan.

— Speech pathology areas I work in



Speech

Clear speech sounds



Language

Understanding and being understood



Voice

Pitch, volume, vocal strain



Fluency

Stuttering



AAC

Devices, boards, signs



Swallowing

Eating, drinking, mealtimes

Who I see: ✓ Children ✓ Teens ✓ Adults

✓ Yes, I see people for this ★ A main focus for me

— What lights me up



Complex swallowing and mealtimes

I love untangling the tricky ones, and building mealtime plans that support eating and drinking.



Communication that hasn't fitted anywhere else

Children and adults with complex needs are where I love to dive in.



Reports that tell the whole story

Complex NDIS reports, plan reviews and tribunal matters, written clearly and grounded in the evidence.



Steadying things, then finding the right fit

I take on what is complex, steady it, then hand over to the team member who suits you best.

— How I work

Whole picture first. the clinical detail sits underneath

Clear and honest. you always know what is happening and why

Never alone. every plan is built with the team

— Outside of work

Time with my two littles.

— What happens when you reach out?

1

Email or call Liz, our NDIS specialist. Ask for Haylee by name.

2

Liz reaches out within 24 hours and checks we are the right fit. If we are not, she points you to someone who is.

3

If we are, Liz gathers your details, books you in and connects you with Haylee.

4

Haylee picks it up from there, and goals are set with you, in your words.

The team behind Haylee. I lead our report system. Every Functional Capacity Assessment starts with a clinical consult with me and Liz, our NDIS specialist, before a word is written. Assessments are chosen with a reason, and every report is read by Liz and checked by me before it is released.

Family first, always. Every plan is built around the people who matter most.



NDIS funding may cover speech pathology where it aligns with the participant's goals and approved plan. Not all NDIS plans include speech pathology supports.

How to start with Haylee

✉ **Email Liz: liz@thecenteredspace.au**

☎ Or call Liz, our NDIS specialist, on 0433 040 049

📷 @the_centeredspace

🌐 thecenteredspace.au/team

Ask for Haylee by name in your email, and mention anything special you would like Haylee to know.





The Centered Space

Clinical lead and occupational therapist



Kelly Perfect

BOccThy, AHPRA registered

Gold Coast

Online, Australia-wide

Best for

- Complex mental health and psychosocial disability
- Home modification assessments
- Movement, dance and group programs

✉ Email Liz ☎ Call Liz 0433 040 049 📧 @otwithkelly

I'm an occupational therapist who loves to move, play and bring joy into therapy. I've spent around six years in complex mental health, and I lead our clinical team.

— Occupational therapy areas I work in



Daily living (ADLs)

Dressing, eating, personal care



Home and community

Meals, chores, money, getting out



Sleep and routines

Rest and predictable days



Sensory and regulation

Calm, regulated days



Fine and gross motor

Hands, coordination, movement



Play and social

Play, friends, joining in



School, study and work

Classroom, study, work



Mental health and wellbeing

Psychosocial support



Equipment and home modifications

Assistive technology, safer homes

Who I see: ✓ Children ✓ Teens ✓ Adults

✓ Yes, I see people for this ★ A main focus for me

— What lights me up



Mental health and psychosocial support

Walking alongside people living with complex mental health is what I love most.



Making home work for you

Home modification assessments, reports and applications for safer, easier access at home.



Movement, dance and joy

I'm head clinician of Dance x OT, where therapy goals meet music.



Building great groups

I love designing our group programs, and writing Functional Capacity Assessments that describe daily life as it is.

— How I work

Play first. fun keeps the work engaging

Functional. every goal links to everyday life

Leading the team. so our groups and clinicians work to a shared standard

— Outside of work

Dance, after 18 years of it, and anything that gets me moving.

— What happens when you reach out?

1

Email or call Liz, our NDIS specialist. Ask for Kelly by name.

2

Liz reaches out within 24 hours and checks we are the right fit. If we are not, she points you to someone who is.

3

If we are, Liz gathers your details, books you in and connects you with Kelly.

4

Kelly picks it up from there, and goals are set with you, in your words.

The team behind Kelly. Nobody here works alone. Our speech pathologists, occupational therapists, key workers and allied health assistants work as one multidisciplinary and transdisciplinary team, and plan together around each person. Every Functional Capacity Assessment starts with a clinical consult with our senior clinician and our NDIS specialist before a word is written, and every report is read and checked before it is released.

Family first, always. Every plan is built around the people who matter most.



NDIS funding may cover OT where it aligns with the participant's goals and approved plan. Not all NDIS plans include OT supports.

How to start with Kelly

✉ **Email Liz: liz@thecenteredspace.au**

☎ Or call Liz, our NDIS specialist, on 0433 040 049

📷 @otwithkelly

🌐 thecenteredspace.au/team

Ask for Kelly by name in your email, and mention anything special you would like Kelly to know.





The Centered Space

Team leader and occupational therapist



Lucy Sutton

BOccThy, AHPRA registered

Gold Coast

Online, Australia-wide

Best for

- Children and teens who love to move
- Building confidence through joy
- Dance x OT

✉ Email Liz ☎ Call Liz 0433 040 049 📧 @otwithlucy_

I love making therapy joyful, and seeing people find what makes them smile. I love stepping out of my comfort zone to grow, and helping others do it too.

— Occupational therapy areas I work in



Daily living (ADLs)

Dressing, eating, personal care



Home and community

Meals, chores, money, getting out



Sleep and routines

Rest and predictable days



Sensory and regulation

Calm, regulated days



Fine and gross motor

Hands, coordination, movement



Play and social

Play, friends, joining in



School, study and work

Classroom, study, work



Mental health and wellbeing

Psychosocial support



Equipment and home modifications

Guided by Kelly

Who I see: ✓ Children ✓ Teens ✓ Adults

✓ Yes, I see people for this

★ A main focus for me

🕒 Yes, with our senior clinicians guiding

— What lights me up



Dance x OT

Eighteen years of ballet, and nothing excites me more than therapy that moves to music.



Finding what makes people smile

Therapy built around joy, not only goals on paper.



Brave new steps

I love helping people step outside their comfort zone in a way that feels safe.



Our team culture

As team leader, I love looking after our clinicians so they can look after you.

— How I work

Joyful. sessions people look forward to

Brave. small steps outside the comfort zone

Person first. your goals come first

— Outside of work

The ocean, dance, and a New Zealand childhood.

— What happens when you reach out?

1

Email or call Liz, our NDIS specialist. Ask for Lucy by name.

2

Liz reaches out within 24 hours and checks we are the right fit. If we are not, she points you to someone who is.

3

If we are, Liz gathers your details, books you in and connects you with Lucy.

4

Lucy picks it up from there, and goals are set with you, in your words.

The team behind Lucy. Nobody here works alone. Our speech pathologists, occupational therapists, key workers and allied health assistants work as one multidisciplinary and transdisciplinary team, and plan together around each person. Every Functional Capacity Assessment starts with a clinical consult with our senior clinician and our NDIS specialist before a word is written, and every report is read and checked before it is released.

Family first, always. Every plan is built around the people who matter most.



NDIS funding may cover OT where it aligns with the participant's goals and approved plan. Not all NDIS plans include OT supports.

How to start with Lucy

✉ **Email Liz: liz@thecenteredspace.au**

☎ Or call Liz, our NDIS specialist, on 0433 040 049

📷 @otwithlucy_

🌐 thecenteredspace.au/team

Ask for Lucy by name in your email, and mention anything special you would like Lucy to know.





The Centered Space

Speech pathologist



Brittney MacDonald

BPsychSci, MSpPath, CPSP, MSPA

Gold Coast

Online, Australia-wide

Best for

- Swallowing and mealtimes at home and in the community
- AAC and communication devices
- Children and adults

✉ Email Liz ☎ Call Liz 0433 040 049

📷 @brittneymacspeechie

I'm a speech pathologist who loves helping people communicate more confidently. I'm drawn to the complex areas of practice, especially swallowing and AAC.

— Speech pathology areas I work in



Speech

Clear speech sounds



Language

Understanding and being understood



Voice

Pitch, volume, vocal strain



Fluency

Stuttering



AAC

Devices, boards, signs



Swallowing

Eating, drinking, mealtimes

Who I see: ✓ Children ✓ Teens ✓ Adults

✓ Yes, I see people for this ★ A main focus for me

— What lights me up



Complex swallowing

I lead our community dysphagia assessments and oversee the clinicians who do them. The complex ones are what I love diving into.



Mealtime management plans

Clear plans that set out how to support eating and drinking, for everyone who supports you.



AAC

Finding the way of communicating that works for each person excites me.



The whole lifespan

I love the variety of working with children and adults.

— How I work

Compassionate. you set the pace

Personalised. no two plans look the same

Thorough. detail comes first

— What happens when you reach out?

1

Email or call Liz, our NDIS specialist. Ask for Brittney by name.

2

Liz reaches out within 24 hours and checks we are the right fit. If we are not, she points you to someone who is.

3

If we are, Liz gathers your details, books you in and connects you with Brittney.

4

Brittney picks it up from there, and goals are set with you, in your words.

The team behind Brittney. Nobody here works alone. Our speech pathologists, occupational therapists, key workers and allied health assistants work as one multidisciplinary and transdisciplinary team, and plan together around each person. Every speech pathology report and mealtime management plan is read and checked by our senior clinicians before it is released.

Family first, always. Every plan is built around the people who matter most.



NDIS funding may cover speech pathology where it aligns with the participant's goals and approved plan. Not all NDIS plans include speech pathology supports.

How to start with Brittney

✉ **Email Liz: liz@thecenteredspace.au**

☎ Or call Liz, our NDIS specialist, on 0433 040 049

📷 @brittneymacspeechie

🌐 thecenteredspace.au/team

Ask for Brittney by name in your email, and mention anything special you would like Brittney to know.





The Centered Space

Occupational therapist



Kate Hegley

BOccThy, AHPRA registered

Gold Coast

Online, Australia-wide

Best for

- Children with big behaviours
- Young boys who learn by moving
- Adults who have found it hard to connect with services

✉ Email Liz ☎ Call Liz 0433 040 049 📷 @otwithkatiee

I'm an occupational therapist with a lot of energy and a love of sport. In New Zealand, my work centred on children with big behaviours.

— Occupational therapy areas I work in



Daily living (ADLs)

Dressing, eating, personal care



Home and community

Meals, chores, money, getting out



Sleep and routines

Rest and predictable days



Sensory and regulation

Calm, regulated days



Fine and gross motor

Hands, coordination, movement



Play and social

Play, friends, joining in



School, study and work

Classroom, study, work



Mental health and wellbeing

Psychosocial support



Equipment and home modifications

Guided by Kelly

Who I see: ✓ Children ✓ Teens ✓ Adults

✓ Yes, I see people for this ★ A main focus for me ⌚ Yes, with our senior clinicians guiding

— What lights me up



Kids with big energy and big feelings

Connecting with the children others find hard to reach is what I love, and I stay calm when things get loud.



Sporty, active sessions

Young boys who learn by doing are my people.



Our groups, with Ella

Mindfulness and Movement for young adults, and Prep Pals for getting ready for school.



What's next

A LEGO group, and aquatic OT in pools and the ocean. Watch this space.

— How I work

Connecting. I find what you love and start there

Engaging. sessions are active and fun

Steady. I stay calm when things get loud

— Outside of work

Sport, the outdoors, and anything active.

— What happens when you reach out?

1

Email or call Liz, our NDIS specialist. Ask for Kate by name.

2

Liz reaches out within 24 hours and checks we are the right fit. If we are not, she points you to someone who is.

3

If we are, Liz gathers your details, books you in and connects you with Kate.

4

Kate picks it up from there, and goals are set with you, in your words.

The team behind Kate. Nobody here works alone. Our speech pathologists, occupational therapists, key workers and allied health assistants work as one multidisciplinary and transdisciplinary team, and plan together around each person. Every Functional Capacity Assessment starts with a clinical consult with our senior clinician and our NDIS specialist before a word is written, and every report is read and checked before it is released.

Family first, always. Every plan is built around the people who matter most.



NDIS funding may cover OT where it aligns with the participant's goals and approved plan. Not all NDIS plans include OT supports.

How to start with Kate

✉ **Email Liz: liz@thecenteredspace.au**

☎ Or call Liz, our NDIS specialist, on 0433 040 049

📷 @otwithkatiee

🌐 thecenteredspace.au/team

Ask for Kate by name in your email, and mention anything special you would like Kate to know.





The Centered Space

Occupational therapist



Phoenix Seu

BOccThy, AHPRA registered

Springfield Lakes and greater Brisbane

Online, Australia-wide

Best for

- People who need a calm, gentle approach
- Mental health and wellbeing
- Daily living, play and movement skills

✉ Email Liz ☎ Call Liz 0433 040 049 📧 @otwithphe

I'm an occupational therapist with a calm, nurturing way of working. Some people need big energy to get going; others need someone grounding beside them, and that's where I work best.

— Occupational therapy areas I work in



Daily living (ADLs)

Dressing, eating, personal care



Home and community

Meals, chores, money, getting out



Sleep and routines

Rest and predictable days



Sensory and regulation

Calm, regulated days



Fine and gross motor

Hands, coordination, movement



Play and social

Play, friends, joining in



School, study and work

Classroom, study, work



Mental health and wellbeing

Psychosocial support



Equipment and home modifications

Guided by Kelly

Who I see: ✓ Children ✓ Teens ✓ Adults

✓ Yes, I see people for this ★ A main focus for me ⌚ Yes, with our senior clinicians guiding

— What lights me up



Mental health and wellbeing

A calm, grounding presence for people who feel overwhelmed.



Daily living skills

Dressing, eating and personal care, made easier.



Play and social skills

Play, friendships and joining in, at a pace that feels safe.



Fine and gross motor

Hands, coordination and movement, built through creative ideas.

— How I work

Gentle. we go at your pace

Creative. there is always another way to try

Growing. growing across areas of OT with our senior team behind me

— What happens when you reach out?

1

Email or call Liz, our NDIS specialist. Ask for Phoenix by name.

2

Liz reaches out within 24 hours and checks we are the right fit. If we are not, she points you to someone who is.

3

If we are, Liz gathers your details, books you in and connects you with Phoenix.

4

Phoenix picks it up from there, and goals are set with you, in your words.

The team behind Phoenix. Nobody here works alone. Our speech pathologists, occupational therapists, key workers and allied health assistants work as one multidisciplinary and transdisciplinary team, and plan together around each person. Every Functional Capacity Assessment starts with a clinical consult with our senior clinician and our NDIS specialist before a word is written, and every report is read and checked before it is released.

Family first, always. Every plan is built around the people who matter most.



NDIS funding may cover OT where it aligns with the participant's goals and approved plan. Not all NDIS plans include OT supports.

How to start with Phoenix

✉ **Email Liz: liz@thecenteredspace.au**

☎ Or call Liz, our NDIS specialist, on 0433 040 049

📷 @otwithphe

🌐 thecenteredspace.au/team

Ask for Phoenix by name in your email, and mention anything special you would like Phoenix to know.





The Centered Space

Speech pathologist



Fiona Wright

Joins our Gold Coast team 3 November. Books open 10 November.

Gold Coast

Online, Australia-wide

Best for

- Adults
- AAC and communication devices
- People who speak, and people who communicate without speech

✉ Email Liz ☎ Call Liz 0433 040 049 📷 @the_centeredspace

Before speech pathology, I was a journalist. Storytelling is how we make sense of ourselves, and helping people tell their own story, in their own way, is what I love.

— Speech pathology areas I work in



Speech

Clear speech sounds



Language

Understanding and being understood



Voice

Pitch, volume, vocal strain



Fluency

Stuttering



AAC

Devices, boards, signs



Swallowing

Guided by Haylee or Brittney

Who I see: ✓ Children ✓ Teens ✓ Adults

✓ Yes, I see people for this ★ A main focus for me ⓘ Yes, with our senior clinicians guiding

— What lights me up



Storytelling

Helping people share their story, in their own words, is what I love most.



Adults

Communication at home, at work and in the community.



AAC

Devices, signs or pictures, treated as a real language.



Every way of communicating

Meeting people where they are, whether they speak or communicate without speech.

— How I work

Rapport first. you feel heard from the start

Detail and research. I do the reading so the plan rests on current evidence

Intentional. I chose this team because of how it works together

— Outside of work

Gardening, bike rides and ocean swims.

— What happens when you reach out?

1

Email or call Liz, our NDIS specialist. Ask for Fiona by name.

2

Liz reaches out within 24 hours and checks we are the right fit. If we are not, she points you to someone who is.

3

If we are, Liz gathers your details, books you in and connects you with Fiona.

4

Fiona picks it up from there, and goals are set with you, in your words.

The team behind Fiona. Nobody here works alone. Our speech pathologists, occupational therapists, key workers and allied health assistants work as one multidisciplinary and transdisciplinary team, and plan together around each person. Every speech pathology report and mealtime management plan is read and checked by our senior clinicians before it is released.

Family first, always. Every plan is built around the people who matter most.



NDIS funding may cover speech pathology where it aligns with the participant's goals and approved plan. Not all NDIS plans include speech pathology supports.

How to start with Fiona

✉ **Email Liz:** liz@thecenteredspace.au

☎ Or call Liz, our NDIS specialist, on 0433 040 049

📷 @the_centeredspace

🌐 thecenteredspace.au/team

Ask for Fiona by name in your email, and mention anything special you would like Fiona to know.





Ella Rea-Rankin

Psychology and child learning graduate

Gold Coast

Online, Australia-wide

Best for

- Language, learning and literacy, from early years to adults
- Children and teens who find therapy hard to engage with
- More practice, more often, from the same plan

✉ Email Liz ☎ Call Liz 0433 040 049 📷 @flourishwithella_

I hold a degree in psychology and child learning, and I'm planning a Master of Speech Pathology. I build sessions around what each person loves, so practice feels worth turning up to.

— Speech and OT areas I practise



Language and literacy

Talking, reading, writing



Speech

Clear speech sounds



AAC

Devices, boards, signs



Daily living (ADLs)

Dressing, eating, personal care



Play and social

Play, friends, joining in



Sensory and regulation

Calm, regulated days

Who I see: ✓ Children ✓ Teens ✓ Adults

✓ I practise the goals your clinician sets ⭐ A main focus for me

— What lights me up



Language, learning and literacy

From the early years through to adults, under our speech pathologists and OTs.



Getting reluctant kids engaged

Goals built around what each child loves. The reluctant ones are my favourite.



Online and on the Gold Coast

In person, or online, even with young children.



Weaving goals together

Speech and OT goals in one session, practised in everyday life.

— Outside of work

The gym, beach walks, ocean swims, reading, and all things mindset.

— What does Ella do for your family?

Practising in the places life happens helps new skills carry over from the therapy room into breakfast, school and friendships. As a key worker, Ella also helps your family make sense of supports and keeps everyone on the same page.



— More practice, more often, from the same plan

Ella's sessions are billed at a lower hourly rate than a clinician's, so the plan stretches further. Your clinician sets the goals; Ella delivers the therapy in blocks.

1. Your clinician

Assesses, sets the goals with you and writes the therapy plan

2. Ella delivers the block

Weekly for about 3 months, or fortnightly for about 6 months

3. Case conference

Your clinician and Ella review every goal and write the new plan

4. Next block

Ella delivers the new plan, and the rhythm repeats

Need your clinician to step in differently along the way? We can, and we are creative about it.

— What does that feel like at home?

Less pressure

Practice feels like play and everyday life, not homework.

Practice in real places

Sessions happen at breakfast, school and the shops, not only in therapy.

One team

Your clinician, Ella and you share one plan. You are never the case manager.

How NDIS funding works for this. NDIS funding may cover therapy assistant supports where it aligns with the participant's goals and approved plan. Not all NDIS plans include these supports. Speak with your plan manager, support coordinator or our team to confirm suitability and funding options.

How to start with Ella

✉ **Email Liz: liz@thecenteredspace.au**

☎ Or call Liz, our NDIS specialist, on 0433 040 049

📷 @flourishwithella_

🌐 thecenteredspace.au/team

Ask for Ella by name in your email, and mention anything special you would like Ella to know.





The Centered Space

Allied health assistant



Ruby Van Den Driest

Fourth-year speech pathology student, Southern Cross University

Gold Coast

Best for

- More speech practice between clinician sessions
- Children who learn through play
- Families on the Gold Coast

✉ Email Liz ☎ Call Liz 0433 040 049 📷 @speechwithruby

I'm a fourth-year speech pathology student and I can't wait to connect with your family. I love making creative resources that make therapy feel fun and special.

— Speech pathology areas I practise



Speech

Clear speech sounds



Language

Understanding and being understood



Voice

Pitch, volume, vocal strain



Fluency

Stuttering



AAC

Devices, boards, signs



Swallowing

Eating, drinking, mealtimes

Who I see: ✓ Children ✓ Teens ✓ Adults

✓ I practise the goals your speech pathologist sets - Not something I do

— What lights me up



Speech practice in real life

Bringing your speech pathologist's goals into home, school and the community.



Making creative resources

Games and materials made to match each child's interests. This is what excites me.



Building rapport

Practice that feels like play.



Being part of the team

I love working alongside our clinicians and getting to know each family.

— Outside of work

Captain of my local AFL side, plus netball and dance.

— What does Ruby do for your family?

Practising in the places life happens helps new skills carry over from the therapy room into breakfast, school and friendships.



— More practice, more often, from the same plan

Ruby's sessions are billed at a lower hourly rate than a clinician's, so the plan stretches further. Your clinician sets the goals; Ruby delivers the therapy in blocks.

1. Your clinician

Assesses, sets the goals with you and writes the therapy plan

2. Ruby delivers the block

Weekly for about 3 months, or fortnightly for about 6 months

3. Case conference

Your clinician and Ruby review every goal and write the new plan

4. Next block

Ruby delivers the new plan, and the rhythm repeats

Need your clinician to step in differently along the way? We can, and we are creative about it.

— What does that feel like at home?

Less pressure

Practice feels like play and everyday life, not homework.

Practice in real places

Sessions happen at breakfast, school and the shops, not only in therapy.

One team

Your clinician, Ruby and you share one plan. You are never the case manager.

How NDIS funding works for this. NDIS funding may cover therapy assistant supports where it aligns with the participant's goals and approved plan. Not all NDIS plans include these supports. Speak with your plan manager, support coordinator or our team to confirm suitability and funding options.

How to start with Ruby

✉ **Email Liz:** liz@thecenteredspace.au

☎ Or call Liz, our NDIS specialist, on 0433 040 049

📷 @speechwithruby

🌐 thecenteredspace.au/team

Ask for Ruby by name in your email, and mention anything special you would like Ruby to know.

