

The Centered Space · Allied health assistant

Ruby Van Den Driest

Fourth-year speech pathology student, Southern Cross University

Gold Coast

Best for

- More speech practice between clinician sessions
- Children who learn through play
- Families on the Gold Coast

Email Liz · Call Liz 0433 040 049 · @speechwithruby

I'm a fourth-year speech pathology student and I can't wait to connect with your family. I love making creative resources that make therapy feel fun and special.

Speech pathology areas I practise

- ✓ **Speech** — Clear speech sounds
- ✓ **Language** — Understanding and being understood
- ✓ **Voice** — Pitch, volume, vocal strain
- ✓ **Fluency** — Stuttering
- ✓ **AAC** — Devices, boards, signs
- – **Swallowing** — Eating, drinking, mealtimes

Who I see: ✓ Children ✓ Teens ✓ Adults

✓ I practise the goals your speech pathologist sets – Not something I do

What lights me up

Speech practice in real life
Bringing your speech pathologist's goals into home, school and the community.

Making creative resources
Games and materials made to match each child's interests. This is what excites me.

Building rapport
Practice that feels like play.

Being part of the team
I love working alongside our clinicians and getting to know each family.

Outside of work

Captain of my local AFL side, plus netball and dance.

What does Ruby do for your family?

Practising in the places life happens helps new skills carry over from the therapy room into breakfast, school and friendships.

Home: breakfast, bath time, the car

School, with the teacher in the loop

The playground: joining in, taking turns

Your goals, practised in real life

The dinner table: asking, saying no

The shops: ordering, asking for help

With friends: being understood

More practice, more often, from the same plan

Ruby's sessions are billed at a lower hourly rate than a clinician's, so the plan stretches further. Your clinician sets the goals; Ruby delivers the therapy in blocks.

1. Your clinician
Assesses, sets the goals with you and writes the therapy plan

2. Ruby delivers the block
Weekly for about 3 months, or fortnightly for about 6 months

3. Case conference
Your clinician and Ruby review every goal and write the new plan

4. Next block
Ruby delivers the new plan, and the rhythm repeats

Need your clinician to step in differently along the way? We can, and we are creative about it.

What does that feel like at home?

Less pressure
Practice feels like play and everyday life, not homework.

Practice in real places
Sessions happen at breakfast, school and the shops, not only in therapy.

One team
Your clinician, Ruby and you share one plan. You are never the case manager.

How NDIS funding works for this. NDIS funding may cover therapy assistant supports where it aligns with the participant's goals and approved plan. Not all NDIS plans include these supports. Speak with your plan manager, support coordinator or our team to confirm suitability and funding options.

How to start with Ruby

Email Liz: liz@thecenteredspace.au

Or call Liz, our NDIS specialist, on 0433 040 049

@speechwithruby

thecenteredspace.au/team

Ask for Ruby by name in your email, and mention anything special you would like Ruby to know.