The Centered Space

Key worker and allied health assistant



Ella Rea-Rankin

Psychology and child learning graduate

Gold Coast | Online, Australia-wide

Best for

- Language, learning and literacy, from early years to adults
- Children and teens who find therapy hard to engage with
- More practice, more often, from the same plan

Email Liz | Call Liz 0433 040 049 | @flourishwithella_

I hold a degree in psychology and child learning, and I'm planning a Master of Speech Pathology. I build sessions around what each person loves, so practice feels worth turning up to.

Speech and OT areas I practise

- ★ **Language and literacy** — Talking, reading, writing
- ✓ **Speech** — Clear speech sounds
- ✓ **AAC** — Devices, boards, signs
- ✓ **Daily living (ADLs)** — Dressing, eating, personal care
- ✓ **Play and social** — Play, friends, joining in
- ✓ **Sensory and regulation** — Calm, regulated days

Who I see: ✓ Children ✓ Teens ✓ Adults

✓ I practise the goals your clinician sets ★ A main focus for me

What lights me up

Language, learning and literacy
From the early years through to adults, under our speech pathologists and OTs.

Getting reluctant kids engaged
Goals built around what each child loves. The reluctant ones are my favourite.

Online and on the Gold Coast
In person, or online, even with young children.

Weaving goals together
Speech and OT goals in one session, practised in everyday life.

Outside of work

The gym, beach walks, ocean swims, reading, and all things mindset.

What does Ella do for your family?

Practising in the places life happens helps new skills carry over from the therapy room into breakfast, school and friendships. As a key worker, Ella also helps your family make sense of supports and keeps everyone on the same page.



More practice, more often, from the same plan

Ella's sessions are billed at a lower hourly rate than a clinician's, so the plan stretches further. Your clinician sets the goals; Ella delivers the therapy in blocks.

1. Your clinician
Assesses, sets the goals with you and writes the therapy plan

2. Ella delivers the block
Weekly for about 3 months, or fortnightly for about 6 months

3. Case conference
Your clinician and Ella review every goal and write the new plan

4. Next block
Ella delivers the new plan, and the rhythm repeats

Need your clinician to step in differently along the way? We can, and we are creative about it.

What does that feel like at home?

Less pressure
Practice feels like play and everyday life, not homework.

Practice in real places
Sessions happen at breakfast, school and the shops, not only in therapy.

One team
Your clinician, Ella and you share one plan. You are never the case manager.

How NDIS funding works for this. NDIS funding may cover therapy assistant supports where it aligns with the participant's goals and approved plan. Not all NDIS plans include these supports. Speak with your plan manager, support coordinator or our team to confirm suitability and funding options.

How to start with Ella

Email Liz: liz@thecenteredspace.au

Or call Liz, our NDIS specialist, on 0433 040 049

@flourishwithella_

thecenteredspace.au/team

Ask for Ella by name in your email, and mention anything special you would like Ella to know.