



FREE NDIS CONSULT · FOR FAMILIES AND SUPPORT COORDINATORS

The Free NDIS Consult at The Centered Space



WHY YOU'RE HERE

Someone is new to the NDIS, waiting on a plan, or unsure how to use their funding, and you want a safe, no-pressure place to send them.

So they can make sense of their plan with a senior clinician, for free, with nothing taken from their plan.

IF YOU ONLY READ ONE THING

A free, 30-minute NDIS education consult with a senior clinician. Not a sales call, and nothing comes out of the plan.

New to the NDIS, waiting on a plan, or just not sure how to use a plan well? The free NDIS consult is a real conversation with a senior clinician about making sense of a plan, the questions worth asking a Support Coordinator, and the clearest next step.

Plain English, no jargon, no pressure.

What the consult is

1

A real conversation

30 minutes with a senior clinician, in person or by telehealth



2

Make sense of the plan

What the funding is for, in plain English, with no jargon



3

Know the right questions

The questions worth asking a Support Coordinator, so a participant feels confident



4

The clearest next step

Honest guidance on what could help, with no pressure to go ahead

Who it helps

It often helps children, adults and families who are:

- New to the NDIS and not sure where to start.
- Waiting on a plan or a planning meeting.
- Recently approved and unsure how to use their funding.
- Wanting to understand their rights as a participant.
- Working out what to ask their Support Coordinator.

It is free NDIS education

This consult is free. It is NDIS education, not a billed service, so nothing is taken from a plan for it. If a participant decides therapy would help, NDIS funding may cover therapy where it aligns with the participant's goals and approved plan. Not all NDIS plans include therapy supports. We are happy to help anyone understand what to look for, and we never bill anyone to navigate the NDIS.

Where and how

In person on the Gold Coast, Brisbane and Northern NSW, plus telehealth Australia wide. We reply within about 48 hours to lock in a time.

Book or refer

Book a free NDIS consult at ndis.thecenteredspace.au, or email liz@thecenteredspace.au. No pressure, and no obligation to go ahead.

Your single next step

[Book a free NDIS consult →](#)



The Centered Space · Defensible, not loud. We acknowledge the Traditional Custodians of the lands on which we work, and pay our respects to Elders past and present.

TCS Document Standard · external · generated 30/06/2026